## Watson's Caring in the Digital World

## **Course Completion Checklist**

UNIT 1	
	Title: Watson's Theory of Human Caring as Context for Digital World Caring
	Objectives:
	Discuss the overall purpose of the text and course.
	Summarize the meaning of Digital Caring.
	<ul> <li>Describe how mindfulness can be a means for facilitating Digital Caring.</li> <li>Define Caritas Consciousness and Transpersonal Caring within the context of Digital Caring.</li> </ul>
	Explain how Watson's 10 Caritas Processes apply to Digital Caring.
	Readings: Preface, Forward, Ch. 1, Ch. 2
	Reflective Journal Question(s): Please discuss the extent of your current digital usage (i.e anything that has to do with creating, sending, receiving, and/or viewing digital content) Share one instance in your professional life when digital caring was evident and describe how that instance impacted you and the others involved.
UNIT 2	
	Title: Conveying and Sustaining Caring in Digital Learning Environments Objectives:
	<ul> <li>Explain what nurse educators can do to sustain caring in digital environment</li> <li>Explain what students can do to sustain caring in digital environments.</li> <li>Consider how digital caring strategies could be uniquely incorporated into your own teaching/learning activities.</li> </ul>
	Readings: Ch. 3-7
	Reflective Journal Question(s): Share one instance you experienced or were aware of when caring was <b>not</b> evident in an online learning situation. Describe how two or more of the digital caring activities described in Chapters 1,4, & 5, could have been applied to support caring in this situation.
UNIT 3	
Dates:	Title: Expressing Caring in Digital Communications
	Analyze the links between Mindful Communication, Watson's 10 Caritas
	Processes, and Digital Caring.
	<ul> <li>Analyze how digital caring communication examples in Chapter 9 might be modified to fit within your own communication style and habits.</li> </ul>
	Readings: Ch. 8-11

Discussion Question(s): Briefly describe one challenging digital social/professional situation that you found challenging. Personalize/utilize the caring digital communication examples presented in Chapters 9-10 to craft an approach and a hypothetical digital message that could have effectively addressed this challenging situation within the Transpersonal Caring framework. **UNIT 4** Title: Digital Caring Continuing Dates: Create personal strategies for digital caring continuing Readings: Ch. 16-17 Reflective Journal Question(s): Describe personalized strategies for incorporating Digital Caring into your own daily digital world presence. After you have completed Units 1-4, Please check your grades in the gradebook. If you have earned a minimum of 160 points overall, then you are ready to request your Certificate of Completion. To request your Certificate of Completion, you must complete the brief "Certificate of Completion" Assignment so that I know where to e-mail your certificate to you. After I receive this final assignment from you, I will create a certificate with your name on it and the date, and then send it to you using the e-mail address you provided.