

Course Title: Watson's Caring in the Digital World

1. Certificate of Completion issued upon successful completion of the course.
2. Course Type: Online
3. Pre-requisites: None. This is an introductory course.
4. Course Description: Learners will be introduced to Watson's Caring Theory and how it can be implemented in digital communications with students, colleagues, and others. Exploration and learning related to key concepts will be supported through the introduction of mindfulness practices, reflective narrative, and contemplative art.
5. Course Faculty: Kathleen Sitzman, PhD, RN, CNE, ANEF, FAAN, Distinguished Watson Caring Science Scholar
6. Course Objectives: Upon completion of this course, the student will be able to:
 - Describe practical examples that illustrate Watson's 10 Caritas Processes and Transpersonal Caring in the digital world.
 - Use research based digital world caring practices to convey and sustain caring in digital communications.
 - Apply research-based digital caring communication principles to convey caring during digital interactions.
 - Discuss how Watson's Digital Caring Touchstones might be useful in everyday professional practice.
7. Teaching Strategies:
 - Providing course specific reading materials in either print and/or online formats
 - Asynchronous online postings and discussion boards
 - Online reflective journaling
 - Multimedia presentations as appropriate in the online setting
8. Topical areas:
 - Watson's Theory of Human Caring as context for Digital Caring
 - Conveying and sustaining caring in digital environments
 - Expressing caring in digital communications
 - Digital Caring Touchstones
9. Students are expected to demonstrate academic integrity:
 - Students will do their own work and assist others with course work only when the instructor specifies that group work/collaboration is expected or acceptable.

- Students will not copy the language, structure, and ideas of others and then indicate that they created the work themselves.
- Students will provide citations when using/discussing the work of others.
- Students will be truthful regarding any work in this course.
- Students will treat themselves and others with love, respect, courtesy, and an appreciation for diversity.
- Students will maintain anonymity/privacy related to the situations described in reflective narratives.

10. Evaluation Methods: This class will be pass/fail. Students earning 80% of the total points available in the course will receive a passing grade and earn the corresponding Certificate of Completion.

11. Posting of Grades: All grades will be posted in the course grade book. In compliance with the Family Educational Rights and Privacy Act, grades are not public and will be visible to individual students and the instructor.

12. Required textbook: Sitzman, K., Watson, J. (2017). Watson's Caring in the Digital World. New York, New York: Springer Publishing.

Continuing Education

This continuing nursing education activity was approved by the American Holistic Nurses Association (AHNA), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. AHNA Approval # 1451.

Approval for contact hours through the American Holistic Nurses Association (AHNA) is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

Contact hours for this educational offering will be provided through Watson Caring Science Institute (WCSI). Please refer to CEU Information on course homepage for instructions regarding how to purchase CEUs after successful completion of this course.

Disclosure statement: This statement identifies guidelines set forth by ANCC and implemented by AHNA and the Watson Caring Science Institute, concerning conflicts of interest. Faculty and planning committee members are required to make a full disclosure of any relationships with pharmaceutical companies, biomedical devices manufacturers and/or corporations whose products or services are related to pertinent therapeutic areas. There is no conflict of interest for planners, presenters, faculty, authors and content reviewers.

Expiration April 30, 2021

